

Week of Respect

2016-2017 Guide



Activities List

Week of Respect: October 3 - October 7, 2016

October 2016

Monday, Oct. 3	Kickoff! <ul style="list-style-type: none">• Kickoff with a “flash mob” using a song that has the word RESPECT.• Introduction to Respect on the morning announcements.• Daily thoughts & examples of RESPECT from students on morning announcements throughout the week.• Students spend 10 minutes writing about “Respect - What does it mean to you?”• Cut out leaf shapes and a large tree from paper. Write suggestions on how to help someone who is being bullied on each leaf. Pin them to the tree. Do the same thing with balloons, flowers, jigsaws or kite shapes and display the group message: together, we can stop bullying.
Tuesday, Oct. 4	Respect Yourself Day <ul style="list-style-type: none">• Selected students read their “Respect – What does it mean to you?” essays to their classroom or school.• Make a “Respect Tree,” where students will place a leaf defining what respect means to them.• “Pledge to be an Upstander” by submitting a pledge at http://ccsd.net/upstander. The school that receives the most pledges, made by students, will receive an award/recognition.• Create an acrostic poem using the student’s name with positive remarks.• Children and young people can write new words to a traditional tune, write their own songs or raps or set poems to their own music. Perform any of these in a special anti-bullying assembly or other event. They may also wish to create dances or role plays to accompany the music.
Wednesday, Oct. 5	Respect Each Other Day <ul style="list-style-type: none">• Create a “Hall of Respect” - During Art classes, students will create RESPECT banners, posters and drawings, which can be displayed in hallways.• Ribbon of Respect: Student organizations create Blue ribbons (similar to the cancer awareness ribbon, but in blue). Student organization members will handout 20 and those 20 will handout to 20 more until everyone has a blue ribbon denoting respect.• Meet someone new - Take the time to meet a student whom you do not know too well. Challenge yourself to make new friends and switch it up.

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<p>Wednesday, Oct. 5</p>	<p>Respect Each Other Day (continued)</p> <ul style="list-style-type: none"> • Create telegrams for students within your school with positive comments, then have recipient students pay it forward and create positive grams for others. • Create a recipe book for Respect. What ingredients would you add? Make a list of things people do to demonstrate respect. (i.e. hold the door open for someone, listen without interrupting, throw away trash, say thank you, etc) • Children draw around the outside of their hands. They then identify 5 key people they can turn to if they have a problem like bullying. They write or draw the names of these people on each digit. It is more powerful if adults do this too.
<p>Thursday, Oct. 6</p>	<p>Respect Your School Day</p> <ul style="list-style-type: none"> • Students will complete a school beautification activity to help enhance the school campus. • RESPECT STARS: Every student will complete a “RESPECT STAR” to be displayed in the school’s main hallways. On each star students will finish the sentence: I respect.....by..... • Ribbon Pledge - tie the blue ribbons on a fence, allow for community to tie a blue ribbon as well, to pledge for respect. • Create a Respect Walk - Students will walk around the school rallying for Respect and Upstander behavior. • Decorate empty cardboard cartons with anti-bullying messages. Build a tower to show that, when we stand together against bullying, we’re strong
<p>Friday, Oct. 7</p>	<p>“Get Your Blue On”</p> <ul style="list-style-type: none"> • “Get Your Blue On” - All week long student organizations and administrators will promote the culminating activity of “Get your Blue On.” All students and staff wear blue. Get the entire school to wear blue on October 7, 2016 to show their commitment to be upstanders. • Make BLUE go viral – Provide the opportunity for students to take a selfie with #School NameRespect (i.e. #RanchoRespect, #TarkanianRespect) banner background to post on social media. • Let your friends know why you’re “going BLUE” using #CCSDGetYourBlueOn • Organize a school assembly/activity in support of students becoming upstanders.



ITV Broadcast Lineup: Week of Respect

ITV Live! Channel 47/7 or CIC Channel 030

Daily: October 3 - 7, 2016

Programs for Grades 6-12		
7:00 AM & 11:00 AM	Bullying: There's Always a Way Out	26 min.
7:30 AM & 11:30 AM	Digital Safety, Responsibility & Awareness HS	30 min.
8:00 AM & NOON	Cyberstalking & Bullying	20 min.
8:30 AM & 12:30 PM	Digital Safety, Responsibility & Awareness MS	30 min.
Programs for Grades K-5		
9:00 AM & 1:00 PM	Rumors, Gossip and Teasing: It Hurts	15 min.
9:15 AM & 1:15 PM	When It's Important to Tell	12 min.
9:30 AM & 1:30 PM	Frenemies	21 min.
10:00 AM & 10:15 AM 2:00 PM & 2:15 PM	Digital Safety, Responsibility & Awareness ES	12 min.
10:30 AM & 2:30 PM	Words That Hurt	18 min.

Teacher guides available for most titles at: [Interact>Ed Link>Education Services Vegas PBS> ITV Teacher Guides](#). Questions: Email LStevens@VegasPBS.org

Note: Programs and schedules are subject to change. As with all instructional materials, teachers should review all content for instructional applications.

Week of Respect 2016-2017

**Available
Resources**



Resources

lasvegas.adl.org

Anti-Defamation League (ADL): “No Place for Hate”

ADL’s mission is to combat anti-Semitism, prejudice, and hate in our community and to bring awareness to its citizens. “No Place for Hate” helps to educate on how to reduce bullying/cyberbullying and all forms of harassment.

http://www.cdc.gov/violenceprevention/pub/measuring_bullying.html

Bullying Surveillance among Youths: Uniform Definitions for Public Health and Recommended Data Elements Version 1.0 | Center for Disease Control and Prevention (CDC)

This CDC publication contains a standardized definition of bullying. As well, the site explores factors to consider when gathering data on bullying using its standardized definition. It also recommends data elements to consider when investigating bullying incidents, and provides federal government resources on anti-bullying.

<http://cyberbullying.us/>

Cyberbullying Research Center

Directed by Sameer Hinduja at Florida Atlantic University and Justin Patchin at the University of Wisconsin-Eau Claire, the Cyberbullying Research Center offers information regarding cyberbullying among adolescents.

<http://www.eyesonbullying.org/websites.html>

Eyes on Bullying

Parents and caregivers both need tools and guidance to help keep children safe. The Eyes on Bullying website provides a comprehensive toolkit for identifying the early symptoms of bullying and providing support for parents and caregiving staff and the goal of bullying prevention.

<http://sos.fbi.gov>

Federal Bureau of Investigation – Safe Online Surfing (FBI – SOS)

The FBI Safe Online Surfing (FBI-SOS) program is a nationwide initiative to educate children about the dangers they face on the internet to help prevent crimes against children. It promotes cyber citizenship among students by engaging them in a fun, age-appropriate, online program where they learn how to safe and responsible using the internet. The program emphasizes the importance of cyber safety such as password security, smart surfing habits, safeguarding personal information.

Resources (continued)

<http://joshstevensfoundation.org>

Josh Stevens Foundation

The Josh Stevens Foundation partners with schools, businesses and youth organizations to spread awareness about recognizing and celebrating heartfelt kind acts.

<http://store.samhsa.gov/apps/knowbullying/index.html>

KnowBullying App | SAMHSA

Research shows that parents and caregivers who devote at least 15 minutes a day talking with their child can lay the groundwork for a strong relationship and help prevent bullying. KnowBullying has simple conversation starters to begin a dialogue with your child. The app also features bullying prevention tips, bullying warning signs, reminders to talk with your child, social media options, and a section for educators.

<http://www.suicidepreventionlifeline.org/>

National Suicide Prevention Lifeline: 800-273-8255

No matter what problems you are dealing with, the National Suicide Prevention Lifeline wants to help you.

<http://bullyfreezone.nv.gov/>

Nevada Department of Education, Bully Free Zone

The Bully Free Zone web site is designed to assist students, parents and school staff with bully prevention methods. The resources and information included in this website are structured to be easy to use for everyone. This is not an inclusive list of resources.

<http://www.nvpep.org/>

Nevada PEP

As Nevada's statewide Parent Center, we support families that have a child that has experienced bullying by providing information, parent workshops and webinars. Please give our center a call to learn more about the options families have available to address their concerns about bullying and create an environment where children can feel safe and successful in school.

<http://www.operationrespect.org/>

Operation Respect

Operations Respect seeks to assure each child and youth a respectful, safe, and compassionate climate of learning where their academic, social, and emotional development can take place free of bullying, ridicule and violence.

Resources (continued)

<http://www.pacer.org/bullying/>

PACER Center's National Bullying Prevention Center

PACER's National Bullying Prevention Center was established in 2006. Complete with resources for students, parents, educators, and others, PACER recognizes bullying as a serious community topic that can impact education, the physical and emotional health, as well as the safety and well-being of students. The website includes videos, toolkits, posters, and handouts.

<http://psycnet.apa.org/?&fa=main.doiLanding&doi=10.1037/a0029350>

Relationships between Bullying School Climate and Student Risk Behaviors | School Psychology

This study examined whether feature of a positive school climate were associated with lower student risk behavior. The study found that a positive school climate could be a significant protective factor in preventing student risk behavior.

http://groundspark.org/our-films-and-campaigns/lets-get-real/lgr_curric

Respect For All

Let's Get Real examines issues that lead to taunting and bullying, including racial differences, perceived sexual orientation, learning disabilities, religious differences, sexual harassment and others. "Let's Get Real" curriculum guide features valuable lesson plans, discussion starters, classroom activities and handouts for teachers to use in conjunction with the film.

<http://specialneeds.thebullyproject.com/toolkit>

The Bully Project

This toolkit contains a set of resources to assist people with confronting the bullying of children with special needs. The toolkit covers several perspectives –from talking to your children, to knowing your rights, to teaching tolerance in schools. Parents begin by reading the Top Ten Facts about bullying and children with special needs, afterwards they learn about the unique challenges children with special needs when facing bullying.

rkincaid@nvpep.org

Southern Nevada Antibullying Council (SNABC)

The SNABC is group of Nevada based organizations focused on supporting the CCSD in building a safe and respectful learning environment. Mission Statement - The SNABC will collaborate and be a collector of resources to provide our youth with a safe, positive, and respectful environment free from bullying and harassment.

Resources (continued)

<http://www.stopbullying.gov>

Stop Bullying

In partnership with the Department of Education and the Department of Justice, the U. S. Department of Health and Human Services oversees <http://www.stopbullying.gov>; It contains the webpages “What is Bullying, Cyberbullying, Who is at Risk, Preventing Bullying, and Responding to Bullying.” In addition, the website contains a section on the state bullying prevention policies, laws, and resources for parents, educators, communities, and students.

<http://stopbullyingnow.com/>

Stop Bullying Now

According to Stop Bullying Now, individuals can decrease bullying and we can aid children and teens who have been bullied.

<http://www.vegaspbs.org/bullying/>

Vegas PBS

Vegas PBS webpage contains videos, lesson plan, and resources to aid in building awareness and prevention of bullying/cyberbullying.

<http://www.welcomingschools.org>

Welcoming Schools - A project of the Human Rights Foundation.

Welcoming Schools, a project of the Human Rights Campaign Foundation, offers a Lesbian, Gay, Bisexual and Transgender, inclusive method to address family diversity, gender stereotyping, bullying, and name-calling in K-5 learning settings.

Pursuant to Assembly Bill 206, the District has provided a list of resources that may be available in the community to assist a student who is involved in a reported violation of NRS 388.135. This is not an all-inclusive list. The District does not endorse any of the companies or services included in the resource list. The District is not responsible for providing the resources to the student or ensuring the student receives the resources.